



# Adult Tennis Programme 2019

*Helsby Tennis Club*



*6 week courses Sept 11/12<sup>th</sup> – Oct 16/17<sup>th</sup>*

Timetable	Tuesday	Wednesday	Cost Members	Cost Non Members
Women's Beginner / Rusty Rackets	6.30-7.30pm		£39.99 Includes racket, grip, vibration dampener and 6 lessons	£39.99 Includes racket, grip, vibration dampener and 6 lessons
Adult Beginner / Improvers		7-8pm	£39.99 Includes racket, grip, vibration dampener and 6 lessons	£39.99 Includes racket, grip, vibration dampener and 6 lessons

*Saturday Pay + Play which runs every Sat*

Timetable	Saturday	Cost Members	Cost Non Members
Adult Beginner / Improvers	9-10.30am	£9 or racket offer above £39.99 for 6 weeks	Free first session Or racket offer above £39.99 for 6 weeks

## *Club Social Doubles*

Day	Monday	Thursday	Saturday
Club Social Doubles	7-9pm Helsby	7-9pm Frodsham	1.30-4pm Helsby

*Private sessions can also be arranged through Mike*

### **TRY A FREE SESSION**

To book your free session, simply complete the enquiry form on Mike's website.

For all coaching info, payments and bookings please visit

[www.mikeherdtennis.co.uk](http://www.mikeherdtennis.co.uk)

Contact Mike on 07527 908808 / [mike@mikeherdtennis.co.uk](mailto:mike@mikeherdtennis.co.uk)

For memberships and club information please visit

[www.helsbytennis.co.uk](http://www.helsbytennis.co.uk)

